

SURVIVING PARENTHOOD WITH HOMEOPATHY: TEETHING

SYMPTOMS OF TEETHING

Teething can start a few months before teeth come through. Some babies have no problems, while others have a lot of pain and discomfort. Symptoms include:

- raised temperature
- red and warm cheeks ; red gums
- chewing hands
- excessive dribbling causes a rash on the chin
- poor appetite
- restlessness and irritability
- upset tummy and diarrhoea

CHAMOMILLA

- irritability - very angry, nothing pleases
- a lot of chewing and dribbling
- fitful sleep
- fever/ sore throat
- diarrhoea green and watery
- want to be carried and rocked
- fussy and hard to please
- very sensitive
- red cheeks, especially the left

PODOPHYLLUM

- strong urge to bite down things
- bad breath
- restless and fidgety
- want to be carried but not angry like Chamomilla
- appear disinterested
- teeth take a long time to come out
- severe diarrhoea - yellow, acrid and foul - makes bottom red and sore

KREOSOTUM

- babies who need this remedy may have rotten teeth
- teeth emerge black and infected
- gums are swollen and spongy
- bad breath with a coated tongue
- cough with teething
- bottom is red and sore



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BELLADONNA

- gums are inflamed, red and sore
- heat on face with redness
- always a high fever with each tooth
- strawberry tongue with raised white bumps

PHYTOLACCA

- irresistible desire to clench teeth (digging pain)
- want to put a lot of pressure on gums to ease pain

CALC CARB

- delayed dentition - babies have no teeth at around 10-12 months
- chubby
- sweaty, especially on the head
- may be slow with milestones in general
- tendency to cradle cap
- sour smell - sweat, feet, stool
- Calc Carb can also prevent teething problems

CALC PHOS

- can also have delayed dentition
- can prevent teething problems
- less chubby than Calc Carb
- more irritable - similar to Chamomilla

SILICA

- similar to Calc Carb
- serious in nature
- slow/delayed dentition with thickening of the gum tissue
- teething is aggravated by their general constitutional weakness

BORAX

- very sore and hot mouth during teething
- may have pain whilst feeding
- thrush could be a problem for mum and baby at the same time as teething
- excessive salivation
- do not like being put down

COFFEA

- hypersensitive, especially to noise and pain
- insomnia with teething - wide awake
- awakening of the nervous system